

YMCA CAMP POTAWOTAMI



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



2024 FAMILY HANDBOOK

7255 E 700 S.
Wolcottville, IN 46795
TEL: 260.351.2525
FAX: 260.351.3915
EMAIL: camp@fwymca.org
fwycamp.org



Contents

WELCOME! 4
OUR MISSION: 5
OUR VALUES: 5
INCLUSION POLICY AT YMCA CAMP POTAWOTAMI: 5
SCHOLARSHIP & FINANCIAL AID: 5
BEFORE CAMP BEGINS: 5
CAMPER FORMS: 5
CAMP FEES: 5
CANCELLATION POLICY: 6
REFUNDS: 6
WAITLIST: 6
CABIN MATE REQUESTS: 6
CLOTHING: 6
CLOTHING NOTES: 6
WATER BOTTLES: 7
MEALS & DIETARY RESTRICTIONS: 7
ADDITIONAL NEEDS & CAMPER ACCOMODATIONS: 7
CHECK-IN: SUNDAY 2:30PM (MINI CAMP 2B & 4B ON WEDNESDAY) 7
CHECK-IN PAPERWORK: 7
NURSE’S TABLE: 7
MEET YOUR COUNSELOR: 7
CHECK-OUT: FRIDAY 5:30PM (MINI CAMP 2A & 4A ON TUESDAY) 8
CLOSING CEREMONY—Friday 4:30 pm (Mini Camp 1B & 4B on Tuesday): 8
EVALUATIONS: 8
SAFETY AT CAMP: 8
CHILD ABUSE PREVENTION POLICY: 8
PRIVACY AT CAMP: 8
EMPLOYEE INFORMATION: 9
EQUAL EMPLOYMENT OPPORTUNITY: 9
EMPLOYEE POLICIES: 9
CAMP BEHAVIOR & APPROACH TO CONFLICT BEHAVIOR PHILOSOPHY: 9
BEHAVIORS THAT DAMAGE THE CAMPERS’ COMMUNITY ARE DEFINED AS: 10

DISCRIMINATION AND EXCLUSIONARY BEHAVIOR:	10
WHILE AT CAMP:	11
MAIL:	11
EMAIL:	11
TELEPHONE CALLS:	11
HOW WILL MY CAMPER STAY IN CONTACT WITH ME?	11
PHOTO SERVICE:	11
WHAT NOT TO BRING TO CAMP:	11
JUULING/VAPING POLICY:	12
LOST AND FOUND:	12
CAMP STORE:	12
TIPPING & GRATUITIES	12
HOMESICKNESS:	12
BEDWETTING:	13
TRANSPORTATION:	13
CAMP SLOW MOTION:	13
EMERGENCIES/ILLNESS:	13
HEALTH CARE:	13
HEALTH CARE EMERGENCY LOCATIONS:	14
DIRECTIONS TO CAMP:	14
FROM FORT WAYNE:	14
FROM CHICAGO:	14
FROM INDIANNAPOLIS:	14

WELCOME!

Welcome to YMCA Camp Potawotami!

We are thrilled that you have chosen YMCA Camp Potawotami as your child's overnight summer camp. Our goals are that each camper gains a sense of accomplishment, makes new friends, and works on positive character traits. (We plan to have a blast along the way, too!)

At YMCA Camp Potawotami, we focus on what we call the A, B, C's of camping. We work to increase campers' sense of accomplishment and belonging while they learn about positive character traits and values. Our tools are well-trained staff, carefully planned programs, and safe, clean facilities.

ACCOMPLISHMENT

Campers gain a sense of accomplishment by trying activities and developing new skills. For many campers, being away from home for a week is an important accomplishment in itself. We hope these real-world accomplishments will raise the self-confidence and self-esteem of each camper.

BELONGING

Making new friends and being a good friend helps campers learn about a sense of belonging. Living in a cabin with other children and counselors gives each camper a lesson in friendship building, inclusion, and teamwork. Each person has responsibilities and is a valued part of the YMCA Camp Potawotami community regardless of differences.

CHARACTER

We discuss character traits and values in many ways during the week and place an emphasis on learning, growing, and doing your best. Our core values are Caring, Honesty, Respect and Responsibility. Our unique Wampum Bead program also encourages campers to choose a character trait to work on during camp and the entire year.

We hope you'll see a positive difference in your child after attending camp. We want to be a partner with you in your child's development, so communication and confidentiality are important to us. Please feel free to talk with us about your questions and concerns, compliments, and criticisms. Thank you again for choosing YMCA Camp Potawotami. It is an honor to be a part of your family's memories. We look forward to sharing a healthy and happy camp experience with you.

Sincerely,

The Camp Staff

OUR MISSION:

YMCA Camp Potawotami strives to put Christian principles in to practice through programs that build a health spirit, mind, and body FOR ALL.

OUR VALUES:

We are guided by our 4 core values and the ABCs of Camping: **Caring, Honest, Respect, Responsibility, Accomplishment, Belonging, and Character Development.**

INCLUSION POLICY AT YMCA CAMP POTAWOTAMI:

The spirit of the YMCA mission is that everyone has the opportunity to participate as we build the character traits of caring, honesty, respect and responsibility.

The YMCA of Greater Fort Wayne gives equal opportunity to all people who participate in the YMCA through employment, program participation, membership, and volunteerism without regard to race, color, religion, gender, citizenship, genetic information, national origin, sexual orientation, economic status, age, disability or veteran status. We recognize that the community is always changing and we are committed to providing a welcoming and safe experience at all times for all YMCA participants. We partner with families to determine how to best support individuals.

Our Y camp is inclusive and welcomes all. Standards of age appropriate behavior are expected. Changing clothes and showering is done in private, and camp staff supervision is in place. Personal information is kept private and will not be shared without permission.

SCHOLARSHIP & FINANCIAL AID:

As a charitable organization, we raise funds throughout the year for camperships (camper scholarships) that cover the costs of camp for children who would not otherwise be able to attend. Over \$30,000 dollars is raised annually to help families send their children to camp. We firmly believe that finances should never be the reason a child misses out on a positive camp experience. To help us give the gift of camp to a child, please visit <https://www.fwymca.org/support-y/donate>.

To inquire about receiving financial assistance, call our camp office at 260-351-2525.

BEFORE CAMP BEGINS:

In order for us to be ready for your camper to attend camp, **the following must be completed by June 1st or at time of registration if after June 1st.**

CAMPER FORMS:

HEALTH and RELEASE FORMS: We use Camp Brain for all camper information including Health Form and Camper Release Form. You should have received an email from Camp Brain with login information. You will need to scan/take a picture and upload the front of your Insurance Card. You can sign into the parent portal here: <https://ymcacamppotawotami.campbrainregistration.com/>

CAMP FEES:

All camp fees must be paid by May 1st. **All balances not paid by this time may be subject to cancellation.**

CANCELLATION POLICY:

All requests for cancellations must be made in writing at least three (3) weeks prior to attendance. The \$100.00 deposit is not refundable. One-half of the camp fee will be refunded if the registration is canceled less than three (3) weeks before attendance.

REFUNDS:

No refunds will be given if a child leaves early due to homesickness or disruptive behavior. In the event of early withdrawal due to accident or illness, the camp fee will be prorated. (No refunds will be made if the camper is removed from the camp program without the written consent of a health care specialist.) The camp fee does not include medical or accident insurance.

WAITLIST:

We make every effort to enroll campers as space is available, but we consider the needs of all campers, staff, and capacities. We will not exceed enrollment beyond what is safe and what would reduce the quality of the camper experience for all our campers. We cannot guarantee that your camper will be enrolled in any waitlisted session or program specialty once they are on the waitlist, but this waitlist is monitored closely by our Office Manager and Camp Leadership.

If you have questions or concerns, please contact the YMCA Camp Potawatami office at 260-351-2525 or email camp@fwymca.org.

CABIN MATE REQUESTS:

We welcome campers who wish to come to camp with a friend. If two campers are within one year of each other's age and are the same gender, then they can request to be in the same cabin. Please coordinate your cabinmate request with the other family. Both families must request the other camper as their cabinmate. Please remember that even if two people are not in the same cabin, there are many opportunities to spend time together at camp. We can only honor one cabin mate request per camper. To make a cabinmate request email camp@fwymca.org.

CLOTHING:

Campers should have enough clothing to last the duration of their stay. Campers should bring clothing that can get wet and dirty without concerns. Clothing should be appropriate without slogans or pictures that are in poor taste, inappropriate, or immodest. YMCA Camp Potawatami reserves the right to require the camper to change any clothing deemed inappropriate. Campers are involved in overnight camping, hiking, rugged sports, and general outdoor play. Please see the provided packing list for suggested items to bring to camp.

CLOTHING NOTES:

YMCA Camp Potawatami encourages modest swimwear. Boxer-style bathing trunks and one-piece or modest two-piece suits are recommended. Speedo style briefs and bikini style suits are not allowed.

Campers must have at least one pair of closed toe shoes. Sandals with a heel strap and crocs with a heel strap are allowed in most places at camp (expect for not allowed at horses & climbing activities). Sneakers, tennis shoes, cross trainers, hiking boots, etc. are all acceptable. Flip flops can only be worn at the waterfront or to and from the showers. If your camper is signed up for a Horse Back riding specialty, then shoes or boots with a raised heel are strongly encouraged.

WATER BOTTLES:

Campers must have a water bottle with them at all times during their stay with us. Please make sure campers' bottles are labeled with the camper's full name. The Camp Store will have water bottles for sale at Check-In if you need one.

MEALS & DIETARY RESTRICTIONS:

Balanced meals, including a salad bar, are planned and served by the Food Service staff each day. If your camper has any special dietary restrictions, please include this information on the Health Form and speak to the nurse on check in day. For multiple restrictions and/or to inquire about meal ingredients, please contact our Food Service Director at 260-351-2525 or camp@fwymca.org please put Attn: Food Service Director in the subject line.

ADDITIONAL NEEDS & CAMPER ACCOMODATIONS:

We strive to serve all at camp. We welcome campers with additional needs that we are able to accommodate. Please communicate information about campers with additional medical, emotional, mental, social, or physical needs prior to arrival at camp. We invite families of children with additional needs for an onsite private tour to help determine if the camper will be successful at camp. Also, a full description of all unique requirements must be included on the CampBrain Health Form (completed online) so we can best care for your child while they are with us.

CHECK-IN: SUNDAY 2:30PM (MINI CAMP 2B & 4B ON WEDNESDAY)

We begin check in at 2:30pm. Please arrive at or before 2:30pm. Camp activities begin promptly at 3:45pm, so please try to arrive on time. Staff members will help you with your luggage & answer your questions.

Mini Camp B Wednesday check-in starts at 2:30pm just like regular Sunday check-in.

CHECK-IN PAPERWORK:

All paperwork, including all CampBrain forms, must be done in advance so we can check everyone in quickly and efficiently.

NURSE'S TABLE:

All medications, including over-the-counter medications, creams and vitamins must be turned into the Camp Nurse. **All medications need to be in their original container and the name of the camper must be on the label.** Please only send enough medication needed for the duration of your camper's stay. It is also helpful to place the medication bottle in a re-sealable sandwich bag labeled with your camper's name. **All campers will have a head lice check before heading to their cabins.** If lice are found campers will be asked to return home and treated or provide a doctor's note stating the camper has been treated and they are not contagious.

MEET YOUR COUNSELOR:

After check-in, you will accompany your camper to their assigned cabin so you may meet their counselor. Please feel free to ask questions of any camp staff as we wish to make your camper's stay as pleasant as possible.

CHECK-OUT: FRIDAY 5:30PM (MINI CAMP 2A & 4A ON TUESDAY)

When you arrive at camp to sign out your camper, **we will request a photo ID** and match it to the names on the **Camper Release Form**. *YMCA Camp Potawatami cannot release any camper to a person under the age of 18 or to anyone whose sobriety is questionable.* You will receive an “Exit Packet” with certificates, cabin photos, and medications. Your camper and their luggage will then be brought to your car or released to you from the cabin.

Mini Camp A Tuesday Check-Out is at 5:30pm just like regular Friday checkout.

CLOSING CEREMONY—Friday 4:30 pm (Mini Camp 1B & 4B on Tuesday):

Closing Ceremony is a chance to see your camper in action. You will see Cabin Cheers, Activity Celebration, Song of the Week, Core Value Campers, Staff of the Week and a hear few words from the Director.

To attend Closing Ceremony, arrive at camp by 4:15pm. Park at your camper’s cabin and walk to chapel. Closing begins at 4:45 pm. After closing camper’s will dismissed to their cabins and parents will pick campers up from their cabin.

EVALUATIONS:

There is a QR code to our Camper survey on your exit packet. You will also receive an email link to our Parent/Camper Evaluation a few days after camp. Please take the time to complete the evaluation. We want to know what we are doing right and what we can do better.

SAFETY AT CAMP:

CHILD ABUSE PREVENTION POLICY:

A main focus of the YMCA is to provide a healthy atmosphere for the growth and development of children. Any suspected or reported child abuse shall be treated in accordance with applicable laws and approved policies. All YMCA employees must read and sign the Child Abuse Prevention Policy prior to employment annually.

Staff and campers must abide by **Rule of 3**. Campers are never to be left unsupervised, and at least one staff member must be with a group of campers at all times. The Rule of 3 indicates that if a camper needs to go anywhere on Camp, they must have at least themselves and two adults or themselves, another camper, and an adult. Campers are informed of the Rule of 3 during the All-Camp Welcome on Sunday.

Two counselors are assigned per cabin. Occasionally there is a 17-year-old counselor-in-training (CIT) that joins their group to assist. CITs are not staff members and cannot be the adult in the Rule of 3. Ratio numbers for staff to campers is 1:7.

PRIVACY AT CAMP:

All campers have the right to privacy. All changing of clothes is done in a bathroom stall or shower stall. Bathroom and Shower doors have privacy shields creating a completely private bathroom, shower, and changing space. Camp Potawatami has a one camper per bed policy. No other camper is allowed in another’s bed for any reason. Guests are not permitted to take photos in the cabin or bathrooms and

disposable cameras are recommended. Cell Phones and smart watches are not permitted during the camper's stay at Camp. This is for the privacy and protection of all campers.

EMPLOYEE INFORMATION:

All staff members, fulltime and seasonal are background and national sex offender registry checked annually as well as drug tested prior to employment.

All staff are trained in following topics and more: child abuse prevention, emergency procedures, supervision, bullying prevention, active shooter emergency, American Red Cross First Aid, CPR, AED, inclusion & equity, character development, conflict resolution, and more. Our well trained staff are the amin tool that we use to ensure safety at camp.

EQUAL EMPLOYMENT OPPORTUNITY:

The YMCA provides equal opportunity employment to all employees and applicants for employment in accordance with the Indiana Department of Workforce Development.

EMPLOYEE POLICIES:

Employees of YMCA Camp Potawatami are not permitted to be "friends" with or "follow" campers under 18 on any social media platforms. Relationships built between campers and counselors is a special bond, however The YMCA does not sanction, encourage, or endorse the use of YMCA employees or volunteers for non-YMCA childcare activities. Such activities are outside of the scope of an employee or volunteer's duties with the YMCA. Employees and volunteers shall not engage in any after-hours or post-childcare.

If you have any questions about our employees or your child's safety at camp, please do not hesitate to contact us.

CAMP BEHAVIOR & APPROACH TO CONFLICT BEHAVIOR PHILOSOPHY:

YMCA Camp Potawatami's Summer Camp program strives to create an intentional and inclusive community for all. This idea drives our approach to conflict. Camp's policies are designed to help children develop self-awareness and assume responsibility for their actions. Clear and consistent, age-appropriate rules and limits are established at camp.

During the first day/night at camp each cabin will establish community guidelines that are consistent and age-appropriate, consented to by consensus. These guidelines are informed by the socially-conscious, collectively-oriented interests of the group. Our camp community should be an inclusive and welcoming space, where all can feel that they belong. As with all communities, we are bound to encounter conflict as we — campers and staff, alike — all learn and grow. Some techniques in approaching conflict that our staff are trained in include:

- Redirecting campers
- Reinforcing positive behavior
- Encouraging campers to talk about their feelings
- Role modeling how to speak and interact with campers in a positive manner
- Conversationally addressing conflict intentionally, respecting the autonomy and agency of those involved

- Implementing breaks when appropriate

In addressing and approaching conflict, our staff try to work with campers to design and implement the changes to the social environment that would most support campers that experience conflict at camp. In moments of conflict, some campers may not be willing to share important and vital personal, cultural, or familial information and context that informed how they responded to the conflict they experienced. In those times, we most value parent/guardian input during sign up, on registration forms, and in follow up conversations in order to ensure that every camper is set up for success.

Any behavior modifications, or conflict approach measures used will relate to each child's specific actions and will be handled in a timely fashion. No physical punishment, humiliation, scare tactics, or controlling measures shall be allowed. Methods associated with food deprivation or extended isolation are not permitted. All behavior coaching measures intend to support the camper with healing any harm done and strengthening their positive connections with others.

BEHAVIORS THAT DAMAGE THE CAMPERS' COMMUNITY ARE DEFINED AS:

- Likely to, or does, result in harm — physical, mental, social, or emotional — to themselves or others;
- Likely to, or does, result in damage to one another's personal belongings and/or surrounding space;
- Involves any physically escalated interaction with campers and/or staff;
- Camper is not open to feedback or willing to work towards improvement
- Or involves bullying, teasing, emotional taunting of others, or hate speech*,

It may be necessary to separate the child from the group until their actions have been appropriately addressed.

DISCRIMINATION AND EXCLUSIONARY BEHAVIOR:

YMCA Camp Potawatami's Summer Camp community is one where no two people are completely alike. We expect our campers to display the same respect for others at Camp. We work towards inclusion and strive to intentionally create a community where all feel included, embraced, and celebrated. We expect our campers to join us in that mission, and to themselves work towards inclusion. We take incidents of hate speech or harassment very seriously and such behavior will not be accepted. In incidents of hate speech or harassment we will support the affected campers in healing from harm done, we will educate those who are demonstrating hate speech or harassment and create a plan for moving forward that prioritizes the safety of the community. If a child's behavior is inconsistent with our shared mission, after reasonable measures have been made to assist the child in adjusting to the camp setting and embracing our collective responsibility, parents will be contacted by camp leadership to determine if the child is able to continue at camp. Staff will always work toward developing a cooperative plan of action to maximize a camper's chances of success at summer camp. YMCA Camp Potawatami understands that an individual program cannot always meet the needs of each camper. If reasonable conflict approach measures have not adequately supported the growth of a camper, and/or a camper continues to act in contradiction to our mission of creating an intentional and inclusive environment, YMCA Camp Potawatami may determine that the camper and the program are not well-suited for one another. If behavior that damages the community continues, it may be determined that the program is not a productive experience for the camper at that time.

WHILE AT CAMP:

MAIL:

Campers love to receive mail and are encouraged to write home. Packing an envelope/post card that is self-addressed and stamped is an excellent idea. Please keep mail cheery to help avoid homesickness.

Please use the following format to address letters and packages.

Camper Name, Camper Cabin
YMCA Camp Potawatami
P.O. Box 38
South Milford, IN 46786

EMAIL:

You may use our one-way email service to send messages to your camper. If you would like to send your camper an email, please send to camp@fwymca.org and put your camper's name and the cabin name in the subject line.

Mail and email are delivered at lunchtime, **please limit emails to one a day maximum** so staff can focus on campers. E-mails received by 11:30am will be delivered the same day at lunch. **Please do not attach photos to emails.** Campers cannot email parents back as we are a tech free camp. This service is to provide an alternative way to write letters to campers. Campers can write letters and mail them home.

TELEPHONE CALLS:

Camp provides a unique environment to build confidence, community, and independence within campers. Campers cannot make calls while at camp. If you have any concerns, please call us (260) 351-2525 and we will be happy to check on your camper and call you back. Please remember, campers are not allowed to have cell phones or smart watches.

HOW WILL MY CAMPER STAY IN CONTACT WITH ME?

A big part of the experience is being fully present at camp and gaining responsibility and independence. Please consider sending pre-addressed and pre-stamped letters or postcards with your camper so that your camper can easily write home. We send out mail daily.

PHOTO SERVICE:

You can securely view photos of campers for free while they are at camp, share the link with family and friends or purchase prints. We will post photos each night on camppotawatami.smugmug.com.

WHAT NOT TO BRING TO CAMP:

Please do not send valuable cameras (disposable cameras work well). Spray cans, fireworks, knives, weapons, and pets are not allowed. Alcohol, weapons, tobacco, and drugs are prohibited and will result in the camper's immediate dismissal. Please do not bring electronic games, MP3 players, iPods, CD players, cell phones, DVD players, smart watches, etc. We are trying to provide an outdoor, community-based experience for all. Do not bring personal sports equipment. Camp is not responsible for lost or broken items, including personal sports equipment. If your camper does have any of these electronic or expensive items, the items will be kept in the office until check out.

JUULING/VAPING POLICY:

It is YMCA Camp Potawatami's policy that Juuls or other vaping devices are forbidden on camp by campers and summer camp staff. These items are considered contraband. If a camper is found with a JUUL or Vape device, they will be subject to immediate dismissal from camp. This Vaping policy is in conjunction with our mission to promote healthy living at camp. As such, camp is also a drug, alcohol, tobacco, and weapon-free zone.

LOST AND FOUND:

Please label all clothing, towels, and personal items with a permanent laundry marker or labels. Please check items with your camper before camp so that the camper recognizes what he/she has brought to camp. Please discuss with your camper their responsibility in keeping track of personal items. If you discover something is missing upon your return home, please call as soon as possible. Camp is not responsible for lost items. **All unclaimed Lost & Found items are kept for 7 days after each week of camp then donated.**

CAMP STORE:

Our Camp Store will only be available through care package preorder and during check in and check out. We stock great camp souvenirs, and a few extras in case you missed something while packing. The Camp Store is not open during camp, and campers do not need to bring any money.

TIPPING & GRATUITIES

As a non-profit organization and member of the American Camp Association (ACA), we do not expect or accept tipping of our staff. If you appreciate the service your child receives at YMCA Camp Potawatami, we recommend that you make a contribution (in the staff member's honor) to our **Annual Campaign**. Contributions may be sent to our camp office, given to a Camp Director, or left at the checkout table at the end of each session. You can also make a gift online at <https://www.fwymca.org/support-y/donate>

HOMESICKNESS:

Homesickness is, above all, a normal and perfectly understandable feeling. It is a natural result of a feeling of separation from home comforts and loved ones/family. It varies in intensity between people of all ages and can manifest itself in very different ways depending on the person. Many campers at a summer overnight camp experience one or two days of mild homesickness in the first couple of days which quickly resolves itself, and only few will experience a prolonged, more intense feeling of missing home.

Homesickness usually displays itself as sadness, crying, and mild anxiety about being away from home. This is managed by our trained staff as they know the signs and have many strategies for alleviating these negative feelings, ranging from "get to know you" games, one-on-one conversations, writing letters home, as well as creating an exciting and energetic schedule of activities. You may receive a letter early in the session from your camper relaying strong feelings of homesickness during this transitional period. This is perfectly normal and is nothing to be overly concerned about. If you receive a second letter, please feel free to contact the camp director.

Another important element of your camper being away from home is the fact that you will miss them as much as they miss you, and as such it is very important for families to be aware of their own emotions and avoid passing them on to their child. For example, instead of saying "I'm really going to miss you,"

say “I’m looking forward to hearing all about the fun you’ve had when you get home.” If you have any concerns, your first point of contact should be the camp director.

Homesickness is only really ever a problem that needs addressing when the negative feelings become so strong that making friends, having fun, sleeping, eating, or participating in activities is difficult for the child. In this extreme and rare case, camp leadership will contact you to work together to resolve the issue. For more information, please contact our camp directors to learn how to address homesickness.

BEDWETTING:

Bedwetting happens from time to time. Some children suffer from chronic bedwetting, and some have the occasional accident. Our goal is that this should not prevent a camper from coming to camp. Our staff is trained to handle bedwetting discreetly and personally. If your child wets the bed please be sure to note this on their Health Form. Providing this information in advance provides the staff with information so that they can check your camper’s bed occasionally during their camp stay and manage accordingly. **Encourage your camper to notify the counselor if they have an accident.** Campers should be instructed to ask their counselors for help, and every effort will be made to prevent accidents. Any bedding, wet or soiled due to bedwetting, will be laundered and returned discreetly to the camper before Siesta (midday rest period).

TRANSPORTATION:

Campers are only permitted in the YMCA Minibus supervised by 2 staff members. The Camp Director’s vehicles are designated and approved for emergency transportation of campers only to the hospital accompanied by a Camp Nurse or authorized camp staff.

CAMP SLOW MOTION:

When Camp experiences an air quality issue or other similar environmental hardships, Camp leaders may decide to run Camp in Slow Motion. Camp Slow motion still allows campers to participate in all of their normal activities, but with lower intensity. We lower intensity by walking where we might normally run, by taking a break where we might normally keep going, and by resting indoors more than normal throughout the day. We take more frequent water breaks and are more attentive to the physical and mental health of individuals during these times. Our Camp Nurses account for this hazard when working with your camper. Camp will send a notice home to parents if Slow Motion camp is implemented during your camper’s session.

EMERGENCIES/ILLNESS:

It is our policy to immediately contact the parent/guardian or emergency contact in the event of an emergency. In the event your child becomes sick, we will contact you if they are unable to return to camp activities within 3 hours.

HEALTH CARE:

We do our best at YMCA Camp Potawatami to make your camper’s experience accident and illness free. However, in the event of an accident or emergency we are well prepared. Our licensed camp health care professionals are on site 24/7 to treat minor cuts, scrapes, and illnesses at no charge. Please be sure to meet with our camp health care professional during Check-In and provide any additional information that is not on the health form, such as a recent illness etc. If your child is required to bring medications to camp, be sure to turn these in during check-in.

Medication **must** be in the original container. Campers needing medical attention beyond our camp health care professional will be taken to Parkview Noble Hospital or Parkview Urgent Care. We will make every effort to reach parents/guardians in the event that this becomes necessary. However, be aware that your signature on the Health Form authorizes Camp Potawatami staff to secure proper medical attention in the event of an emergency or if we are unable to reach you. Co-pays, medications, and any medical bills associated with treatment will be your financial responsibility/insurance carrier. Outstanding bills for medical services will be forwarded to you for filing with your medical insurance carrier if direct billing is unavailable at the time services are rendered. If prescription medications are purchased on behalf of your camper, those charges will be added to your CampBrain account and should be paid prior to check out of your camper's session.

HEALTH CARE EMERGENCY LOCATIONS:

Parkview Noble Hospital

Telephone: 260-347-8700
401 Sawyer Rod
Kendallville, IN 46755

Parkview Walk-In Clinic Urgent Care

Telephone: 260-425-5500
512 Professional Way
Kendallville, IN 46755

DIRECTIONS TO CAMP:

FROM FORT WAYNE:

Take State Road 3 (Lima Road) to Highway 6 in Kendallville. Turn right on U.S. 6 and then left at the first stop light onto State Road 3 North. Follow State Road 3 through South Milford. Turn left onto County Road 700 S. Follow the signs to camp. Camp will be on the right.

FROM CHICAGO:

Take Interstate 80/90 (Indiana Toll Road) to the LaGrange/Howe/State Road 9 exit. Follow State Road 9 through LaGrange. Turn left at the Messiah Lutheran Church/Adams Lake sign onto 700 S. Follow the signs to camp. Camp will be on the left.

FROM INDIANNAPOLIS:

Take Interstate 69 to Fort Wayne to the Kendallville/State Road 3 North exit. Follow directions above from Fort Wayne.